

Kicks from the Penalty Mark

Laws and Procedures

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Players eligible to take part in penalty kicks

- Only players on the field when play ends, including extra time, are eligible to take kicks.
- Substitutes who were off the field when play ended may not take part in the kicks*.
- The Referee ensures the teams have equal numbers of eligible players at the start of kicks.
 - If one team has a greater number of eligible players it must reduce its number to equal its opponent's number. Players de-selected by a team to reduce its numbers become ineligible and must leave the field.
 - Team numbers can become unequal afterwards, during kicks, due to injuries or send offs.
- Any eligible player may change places with the keeper at any time during kicks.
- *A goalkeeper who's injured during kicks and unable to continue *as keeper* may be replaced by a substitute, *provided* the team has not used all its allowable substitutions.
- A keeper who's sent off must be replaced by a player who finished the game.
 - Presumably this means one of the eligible players already on the field in the centre circle, and the team continues with one less player.
- A player other than the keeper who's injured can not be substituted during kicks.

Personnel allowed on the field during penalty kicks

- All players on the field when play ends, including extra time, must stay on the field.
- No other players or substitutes may leave or enter the field.
- (*Optional*) *Drinks may be brought on field by one team staff member per team, after the end of play and before the start of kicks. They must leave the field before the start of kicks.*
- Only eligible players, the Referee, and ARs are allowed on the field during kicks. No team staff, or anyone else, are allowed on the field during kicks.

Positions during penalty kicks (See Diagram 1)

- All eligible players, except the kicker and the two keepers, remain within the centre circle.
- The Referee takes position on the left, between the penalty mark and 6 yard line.
- One AR takes position near to and controls the center circle.
- The other AR takes position on the goal line where it meets goal area line, on the right.
- The active keeper takes position on the goal line between the goal posts.
- The non-active keeper, i.e. the team-mate of the kicker, remains on the field, outside the active penalty area, on the goal line where it meets the penalty area line.
- Each kicker proceeds to the penalty mark, places and address the ball, takes their kick, and then returns to the centre circle.
- Substitutes, team staff, and everyone else stay off the field.



Diagram 1

Procedure

1. All players on the field at the end of play proceed directly to the centre circle.
2. The ARs ensure no parties leave or enter the field.
3. The Referee notes the numbers of all the eligible players.
4. The Referee ensures each team has an equal number of eligible players, and ensures any players de-selected to equal the numbers leave the field, and takes note of the de-selected players' numbers.
5. The Referee chooses the goal at which the kicks will be taken.
 - The penalty area may only be changed afterwards if its' playing surface or goals become unusable.
6. The Referee tosses a coin. The winner decides which team kicks first.
7. All parties take their correct positions.
8. The ball is provided to the kicker. The kicker places the ball on the penalty mark.
9. Both teams take five initial kicks, alternating between teams for each kick.
 - If, **before** both teams have taken five kicks, one team scores more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken.
 - The minimum score a team needs to win from the five kicks is 3.
10. If, **after** both teams have taken five kicks, both have scored the same number of goals, kicks continue in the same order, in sets of two - one kick per team, until one team has scored one goal more than the other from the same number of kicks.
11. All players must take a kick before any player can take a second kick.
 - In the second round of kicks, teams don't have to follow the same sequence of players used in the first round of kicks.
12. The Referee and ARs keep a record of the penalty kicks procedure, including ...
 - eligible players. (i.e. Those on the field at the end of play).
 - any eligible players de-selected by a team to reduce their number.
 - cautions and send offs during kicks.
 - players from each team who take a kick, the order of their turn, and the result of their kick.

